



SisterBloom SAFE Haven

PROGRAM DESCRIPTION

SisterBloom SAFE Haven provides a safe, nurturing, and healing-centered environment for teen girls experiencing homelessness, poverty, trauma, abuse, or emotional distress. This program offers mentorship, crisis support, education assistance, and emotional healing.

PROGRAM PURPOSE

SAFE Haven exists to support vulnerable youth by offering emotional safety, stability, trauma-informed guidance, and life-changing resources. We help girls rebuild confidence, restore hope, and find a path toward healing.

WHAT SAFE HAVEN MEANS

- S – Support: Emotional, educational, and life-skills support.
- A – Advocacy: Helping girls access community resources and advocate for themselves.
- F – Freedom: Healing from trauma, toxic environments, and emotional burdens.
- E – Empowerment: Guiding girls to reclaim their power and future.

PROGRAM SERVICES

- One-on-one trauma-informed mentorship
- Crisis and emotional support
- Healing circles & grounding practices
- Academic tutoring and education support
- Job readiness & career exploration
- Resource navigation (housing, food, counseling)
- Emergency support kits
- Confidence building & self-worth workshops

WHO WE SERVE

Girls ages 12–19 experiencing:

- Homelessness or unstable housing
- Abuse, neglect, or trauma
- Family conflict or abandonment
- Poverty or food insecurity
- Emotional or mental health struggles

PROGRAM GOALS

- Provide safety, stability, and emotional support
- Equip girls with coping & healing tools
- Support academic success
- Prevent exploitation & crisis escalation
- Build resilience, confidence, and self-worth
- Connect girls with long-term community resources

PROGRAM STRUCTURE

- Open enrollment throughout the year
- Weekly or bi-weekly mentorship sessions
- Monthly healing workshops
- Ongoing crisis & resource support
- Family involvement when appropriate